

How You Can Respond

Each of us are called to take concrete steps – from reducing consumption to working for political change – to better care for creation. Here are some ideas.

1. **Become more aware of our connectedness.** Care for one another and creation includes understanding that “everything is connected” (no. 91) and that the economy, politics, community involvement, and technology all affect the future of the planet and humankind. How can we become more aware of our connectedness?
2. **Changes to lifestyle and consumption habits can make a big difference.** For example, get a re-usable water bottle, take shorter showers, walk, bike or take public transportation instead of driving, recycle, compost food waste, and buy energy efficient appliances.
3. **Make changes institutionally at your parish, school, or workplace.** For example, start recycling and composting, use washable dinnerware in cafeterias, share electronically instead of printing, do an energy audit, and install solar panels.
4. **Support local efforts to solve environmental problems.** Community groups around the country are working to make city, county, and state-wide changes that can make a big difference. Find out what is going on locally and get involved.
5. **Contact your members of Congress** to share Pope Francis’ message and urge action to address climate change.

Prayer

Triune Lord, wondrous community of infinite love,
teach us to contemplate you
in the beauty of the universe,
for all things speak of you.
Awaken our praise and thankfulness
for every being that you have made.
Give us the grace to feel profoundly joined
to everything that is.

God of love, show us our place in this world
as channels of your love
for all the creatures of this earth,
for not one of them is forgotten in your sight.

Enlighten those who possess power and money
that they may avoid the sin of indifference,
that they may love the common good,
advance the weak, and care for this world in
which we live.

The poor and the earth are crying out.
O Lord, seize us with your power and light,
help us to protect all life,
to prepare for a better future,
for the coming of your Kingdom
of justice, peace, love and beauty.
Praise be to you!
Amen.

Excerpted from “A Christian prayer in union with creation,”
in *Laudato Si'*, no. 246

For More Information

- U.S. Conference of Catholic Bishops webpage on Environment and Environmental Justice (www.usccb.org/environment)
- Catholic Climate Covenant (www.catholicclimatecovenant.org)
- WeAreSaltAndLight.org

