



**Annual Women's
Lenten Retreat**
Teach Us to Pray:
A Prayer-Shop

Saturday, March 3, 2018
9:00am - 1:00pm
Berry/Ryan Hall
Our Lady of Loretto Parish
Redford Twp., MI

Lent is the special season in the Church year where we turn our hearts to God with acts of prayer, fasting and almsgiving. It is a time to strengthen our commitment to the person of Jesus, seeking to be transformed into joyful disciples who reach out to others in love and service.

In the New Testament, there is an account of Jesus' disciples coming to him and requesting that he teach them to pray. As many of us reflect on our own lives and religious education, it may seem that there was an emphasis on learning prayers rather than learning how to pray. This "prayer-shop" will focus on learning ways of praying that are deeply rooted in our Christian tradition: Lectio Divina, Ignatian Contemplation, and Praying with Art. In addition to an introduction and explanation of these methods of praying, prayer-shop participants will focus on stories of Jesus' relationship with women and have an opportunity to put the methods into practice.



Our presenter is Kathie Budesky, IHM, MA, the Director of Visitation North Spirituality Center. She has many years of experience in the secondary education, both in the religious studies classroom and in the principal's office. She was a staff associate in the Ignatian Program in Spiritual Direction and Retreat Ministry at Guelph, Ontario.

To reserve your place in this retreat:

RSVP: Parish Office: 313.534.9000 by February 28, 2018

\$20 Per Person. Registration begins at 8:30am.

Presentation begins at 9:00am. Luncheon begins at 12:00 noon.

Invite your mother, grandmother, aunts, sisters, daughters, grand-daughters, nieces, cousins, friends, all women are welcome to "Pray with us".