## The Parish Health Ministry



Our Parish Health Ministry is a dedicated group of volunteers led by a registered nurse who are members of the Loretto congregation. We serve as educators, health counselors and resources to our fellow parishioners.

The Ministry sponsors speakers on various health issues; provides health-related information and referrals, and access to community resources. This ministry does not include hands-on nursing care or invasive procedures.

Volunteer members can include nurses, pharmacists, physical therapists, medical assistants, physicians, allied health professionals, social workers, secretaries, and organizers.

The ministry meets monthly with no summer meetings. Our most significant contributions continue to be the monthly blood pressure sessions and two blood drives per year. We have had several successful programs including two health fairs, speakers on medical issues such as nutrition, safety, orthopedic surgeries and palliative/hospice care.

Our goal continues to be one of service to our fellow parishioners as they work to be healthy and strong in our faith.